

PALARONG PAMBANSA 2010 - 4/12/2010 to 4/15/2010
Results - FIRST DAY FINALS April 13, 2010
Event 1 Boys 6-12 200 LC Meter Freestyle ELEMENTARY
PALARO: 2:09.33 * 4/29/2009 Omar Philip Dacera
R-12-

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Sta. Maria, Rafael	12	National Capital Region (Ncraa)	2:14.21	2:14.19	7
2 Lacuna, Dexter John	12	Central Luzon (Claraa)	2:18.09	2:18.20	5
3 Junsay, Joshua	12	Western Visayas (Wvraa)	2:21.39	2:22.12	4
4 Abello, Lorenzo Xavier	12	Western Visayas (Wvraa)	2:23.89	2:22.88	3
5 Lim, Jeremy Bryan	12	National Capital Region (Ncraa)	2:19.98	2:22.89	2
6 Junsay, Jose Antonio	12	Calabarzon	2:22.07	2:23.47	1
7 Labao, Jenkins	12	Cordillera Administrative Regi	2:27.30	2:23.57	
8 Navarro, Anthony Linn	12	Central Visayas (Cvraa)	2:26.21	2:28.95	

Event 2 Girls 6-12 200 LC Meter Freestyle ELEMENTARY
PALARO: 2:19.63 * 5/2000 Kersstine Velez
WVRAA

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Bondad, Catherine	12	Calabarzon	2:22.46	2:18.86*	7
2 Aquino, Priscilla	12	National Capital Region (Ncraa)	2:27.08	2:24.86	5
3 Carbajal, Gail Maxine	12	Northern Mindanao (Nmraa)	2:31.82	2:27.09	4
4 Mabus, Kyla Isabelle	12	Western Visayas (Wvraa)	2:29.29	2:30.55	3
5 Saavedra, Mary Angelie	12	Zamboanga Peninsula (Zpraa)	2:29.64	2:30.88	2
6 Manalang, Elaine	12	Calabarzon	2:33.94	2:32.89	1
7 Mendoza, Christine Joy	12	National Capital Region (Ncraa)	2:31.18	2:35.57	
8 Cardinal, Pia Angelyca	12	Cotabato (Craa)	2:36.02	2:39.03	

Event 3 Boys 13-17 400 LC Meter Freestyle SECONDARY
PALARO: 4:08.36 * 5/10/2005 Ryan Paolo Arabejo
NCR

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Alkhaldi, Fahad	15	Calabarzon	4:22.28	4:15.18	7
2 Berino, Gian Daniel	15	National Capital Region (Ncraa)	4:24.53	4:15.65	5
3 Marquez, Franz	15	Calabarzon	4:24.56	4:22.81	4
4 Ngui, Axel Steven	15	National Capital Region (Ncraa)	4:31.74	4:26.68	3
5 Dacera, Omar Philip	15	Cotabato (Craa)	4:39.06	4:39.80	2
6 Sunglao, Wilfredo Jr.	15	Bicol Region (Braa)	4:34.68	4:41.61	1
7 Chua, Jethro Roberts	15	Northern Mindanao (Nmraa)	4:42.40	4:42.10	
8 Del Carmen, Karl0	15	Western Visayas (Wvraa)	4:50.29	4:49.15	

Event 4 Girls 13-17 400 LC Meter Freestyle SECONDARY
PALARO: 4:35.23 * 4/1998 Natasha Legarda
NCR

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Lukang, Erika Kristy	15	Calabarzon	4:47.56	4:41.83	7
2 Echavez, Loren Dale	15	Central Visayas (Cvraa)	5:01.15	4:45.75	5
3 Dato, Hannah	15	National Capital Region (Ncraa)	4:48.31	4:49.79	4
4 DY, Whitney	15	National Capital Region (Ncraa)	4:58.22	4:54.14	3
5 Lipat, Maria Aresa	15	Calabarzon	4:59.57	5:00.55	2
6 Cordero, Delia Angela	15	Central Luzon (Claraa)	4:58.29	5:02.02	1
7 Cordero, Denice Juliet	15	Central Luzon (Claraa)	5:03.56	5:08.63	
8 Garay, Cristine Joy	15	Cotabato (Craa)	5:03.02	5:10.27	

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Results - FIRST DAY FINALS April 13, 2010

Event 5 Boys 6-12 100 LC Meter Backstroke ELEMENTARY

PALARO: 1:07.56 * 4/1998 Evan Grabador				NCR	
Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Sta. Maria, Rafael	12	National Capital Region (Ncraa)	1:12.42	1:09.21	7
2 Sabellina, Leonard Angelo III	12	Mimaropa	1:15.92	1:13.62	5
3 Rojo, Alfred Valentin	12	Western Visayas (Wvraa)	1:13.49	1:14.60	4
4 Rominquit, Mark	12	National Capital Region (Ncraa)	1:17.13	1:14.87	3
5 Adelantar, Ivon Elroi	12	Calabarzon	1:15.04	1:14.88	2
6 Navarro, Anthony Linn	12	Central Visayas (Cvraa)	1:14.91	1:17.10	1
7 Junsay, Joshua	12	Western Visayas (Wvraa)	1:16.08	1:17.41	
8 Borja, Byron Joseph	12	Calabarzon	1:18.86	1:18.75	

Event 6 Girls 6-12 100 LC Meter Backstroke ELEMENTARY

PALARO: 1:09.65 * 5/9/2006 Dorothy Grace Hong				NCR-	
Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 YU, Roxanne	12	National Capital Region (Ncraa)	1:12.41	1:12.58	7
2 Gray, Courtney Melissa	12	Mimaropa	1:16.58	1:15.00	5
3 Galang, Claire Anne	12	National Capital Region (Ncraa)	1:16.98	1:17.63	4
4 Belarmino, Elizabeth Anne	12	Central Luzon (Claraa)	1:21.20	1:20.59	3
5 Goh, Danielle Ainne	12	Mimaropa	1:19.68	1:21.07	2
6 Wee, Juliene Ladybug Ann	12	Cotabato (Craa)	1:22.10	1:21.95	1
7 Locsin, Danica Claudia	12	Bicol Region (Braa)	1:22.91	1:22.26	
8 Pacabis, Camille Shane	12	Central Visayas (Cvraa)	1:22.27	1:22.60	

Event 7 Boys 13-17 100 LC Meter Backstroke SECONDARY

PALARO: 1:00.79 * 4/30/2009 Johansen Aguilar				NCR-	
Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Castelo, Gabriel Lorenzo	15	National Capital Region (Ncraa)	1:06.70	1:04.05	7
2 Agtarap, Richard Jan	15	Calabarzon	1:04.29	1:04.09	5
3 Ngui, Axel Steven	15	National Capital Region (Ncraa)	1:06.07	1:06.37	4
4 Marquez, Franz	15	Calabarzon	1:07.78	1:07.94	3
5 Acaín, Joshua	15	Northern Mindanao (Nmraa)	1:09.28	1:09.04	2
6 Alindogan, Mark Jason	15	Central Luzon (Claraa)	1:09.21	1:10.01	1
7 Calaur, Mario Hezron James	15	Western Visayas (Wvraa)	1:10.95	1:12.33	
8 Anos, Fritz Delle	15	Cotabato (Craa)	1:11.13	1:13.45	

Event 8 Girls 13-17 100 LC Meter Backstroke SECONDARY

PALARO: 1:07.94 * 4/23/2008 Dorothy Grace Hong				NCR	
Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 DY, Whitney	15	National Capital Region (Ncraa)	1:16.18	1:11.74	7
2 Herranz, Ariana	15	Calabarzon	1:12.95	1:11.81	5
3 Lora, Lorelie	15	Davao Region (Davraa)	1:13.02	1:13.02	4
4 Tan, Ana Nicole	15	Calabarzon	1:13.80	1:13.21	3
5 Ordono, Paula Isabel	15	Ilocos Region (Iraa)	1:15.57	1:14.32	2
6 Bartolome, Ma. Kristina	15	National Capital Region (Ncraa)	1:15.80	1:14.58	1
7 Neptuno, Chantana Jane	15	Western Visayas (Wvraa)	1:17.46	1:17.95	
8 Labao, Ma. Elouise	15	Cordillera Administrative Regi	1:17.14	1:17.96	

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PALARONG PAMBANSA 2010 - 4/12/2010 to 4/15/2010

Results - FIRST DAY FINALS April 13, 2010

Event 9 Boys 6-12 50 LC Meter Butterfly ELEMENTARY

PALARO: 28.03 * 5/2000

Ronald Guiriba

NCR

Name	Age	Team	Prelim Time	Finals Time	Points
1 Jaji, Ibrahim	12	Zamboanga Peninsula (Zpraa)	30.10	29.72	7
2 Lim, Jeremy Bryan	12	National Capital Region (Ncraa)	31.06	29.88	5
3 Junsay, Jose Antonio	12	Calabarzon	31.15	30.48	4
4 Rojo, Alfred Valentin	12	Western Visayas (Wvraa)	31.13	30.67	3
5 Silvestre, Leon Red	12	National Capital Region (Ncraa)	32.84	32.21	2
6 Casino, Joshua	12	Calabarzon	32.68	33.23	1
7 Rodriguez, Matthew Earl	12	Mimaropa	33.78	33.24	
8 Bondoc, Jason Patrick	12	Northern Mindanao (Nmraa)	33.37	33.47	

Event 10 Girls 6-12 50 LC Meter Butterfly ELEMENTARY

PALARO: 30.65 * 5/1996

Lynette Ang

CVRAA

Name	Age	Team	Prelim Time	Finals Time	Points
1 Canaya, Ariana Mikaela	12	National Capital Region (Ncraa)	32.67	31.56	7
2 YU, Roxanne	12	National Capital Region (Ncraa)	32.34	32.08	5
3 Gray, Courtney Melissa	12	Mimaropa	33.02	32.62	4
4 Relliquete, Lhuiza Loi	12	Caraga Region	34.75	33.76	3
5 Simbulan, Joanna Collen	12	Calabarzon	34.38	33.98	2
6 Rockwood, Nathania Krishna	12	Ilocos Region (Iraa)	34.84	34.06	1
7 Pineda, Christianne Joyce	12	Northern Mindanao (Nmraa)	34.58	34.17	
8 Dizon, Roanne Elise	12	Calabarzon	35.58	35.70	

Event 11 Boys 13-17 200 LC Meter Butterfly SECONDARY

PALARO: 2:09.98 * 4/1998

Carlo Piccio

WVRAA

Name	Age	Team	Prelim Time	Finals Time	Points
1 Lambino, Clarence	15	Calabarzon	2:21.42	2:20.93	7
2 Ilustre, Xavier	15	Calabarzon	2:28.31	2:22.13	5
3 Jugar, Ruentone	15	Cotabato (Craa)	2:25.35	2:22.91	4
4 Ongjoco, Samuel Gregory	15	National Capital Region (Ncraa)	2:22.40	2:24.66	3
5 Rellama, John Resty	15	Ilocos Region (Iraa)	2:29.19	2:26.12	2
6 Manalo, Renz Carlo	15	Central Luzon (Claraa)	2:26.98	2:28.48	1
7 Baaco, Franz Garrett	15	Mimaropa	2:30.56	2:31.84	
8 Castelo, Gabriel Lorenzo	15	National Capital Region (Ncraa)	2:29.67	2:34.54	

Event 12 Girls 13-17 200 LC Meter Butterfly SECONDARY

PALARO: 2:26.22 * 4/1998

Althea Lim

NCR

Name	Age	Team	Prelim Time	Finals Time	Points
1 Velasquez, Ariane Loraine	15	Calabarzon	2:36.54	2:28.53	7
2 Cordero, Delia Angela	15	Central Luzon (Claraa)	2:37.63	2:29.18	5
3 Ilustre, Sabrina Ingrid	15	National Capital Region (Ncraa)	2:33.61	2:29.77	4
4 Orig, Jackelyn	15	Calabarzon	2:41.99	2:41.70	3
5 Martinez, Lea Margaret	15	Northern Mindanao (Nmraa)	2:39.98	2:41.98	2
6 Cordero, Denice Juliet	15	Central Luzon (Claraa)	2:45.82	2:48.18	1
7 Aquino, Antoinette Noelle	15	National Capital Region (Ncraa)	2:51.23	2:53.23	
8 Huguet, Joyce	15	Central Visayas (Cvraa)	2:56.08	2:57.16	

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PALARONG PAMBANSA 2010 - 4/12/2010 to 4/15/2010
Results - FIRST DAY FINALS April 13, 2010
Event 13 Boys 6-12 200 LC Meter Medley ELEMENTARY Relay

PALARO: 2:08.27 * 6/2006

NCRAA

NCR

Mark Tano, Malco Dacanay, Matthew Tano, Alvin Alco

Team	Relay	Prelim Time	Finals Time	Points
Finals				
1 National Capital Region (Ncræ)	A	2:15.27	2:12.42	14
1) Rominquit, Mark 12	2) Mutuc, Paolo 12	3) Silvestre, Leon Red 12	4) Dela Rosa, Rolan Angelo 12	
2 Central Luzon (Claraa)	A	2:15.85	2:15.52	10
1) Escosa, Ian Paolo 12	2) Florencio, Bernard Kristoff	3) Lacuna, Dexter John 12	4) Llantino, Randy 12	
3 Calabarzon	A	2:15.97	2:17.90	8
1) Hidalgo, Patrick 12	2) Alcantara, Ron Derrick 12	3) Casino, Joshua 12	4) Junsay, Jose Antonio 12	
4 Northern Mindanao (Nmraa)	A	2:21.12	2:19.03	6
1) Ching, Loise Patrick 12	2) Bondoc, Jason Patrick 12	3) Bacalso, Jonathan 12	4) GO, Clark Kent Anthony 12	
5 Central Visayas (Cvraa)	A	2:20.79	2:20.18	4
1) Navarro, Anthony Linn 12	2) Medalla, Kobe Bryant 12	3) Kong, Michael Ichiro 12	4) Beltran, Joshua 12	
6 Mimaropa	A	2:23.96	2:21.70	2
1) Sabellina, Leonard Angelo 12	2) Espiritu, Eugene Sylvester 13	3) Rodriguez, Matthew Earl 14	4) Dagot, Rey 12	
7 Caraga Region	A	2:26.66	2:26.14	
1) Moreno, Danilo 12	2) Pogosa, Rolly 12	3) Barong, Vergil 12	4) Lozano, Anthony James 12	
8 Western Visayas (Wvraa)	A	2:26.23	2:26.61	
1) Roberts, Mark Anthony 12	2) Juson, Mark Arian 12	3) Arcangeles, John Patrick 12	4) Ereneta, Jose Mari Luis 12	

Event 14 Girls 6-12 200 LC Meter Medley ELEMENTARY Relay

PALARO: 2:14.31 * 5/9/2006

NCR

NCR-

D Hong, R Tapang, J Al-Khaldi, M Go

Team	Relay	Prelim Time	Finals Time	Points
Finals				
1 National Capital Region (Ncræ)	A	2:18.96	2:17.36	14
1) Galang, Claire Anne 12	2) Guanio, Sophia Beatrice 12	3) Canaya, Ariana Mikaela 12	4) Mendoza, Christine Joy 12	
2 Mimaropa	A	2:22.50	2:22.20	10
1) Goh, Danielle Ainne 12	2) Dabi, Maurize Govanne 12	3) Pillado, Frances May 12	4) Gray, Courtney Melissa 12	
3 Calabarzon	A	2:24.33	2:22.61	8
1) Rojo, Anna Marie 12	2) Galay, Red 12	3) Dizon, Roanne Elise 12	4) Bondad, Catherine 12	
4 Central Visayas (Cvraa)	A	2:28.45	2:27.59	6
1) Pacabis, Camille Shane 12	2) Academia, Yona Danieli 12	3) Navarro, Lyh Ann 12	4) Tantengco, Mae Geraldine 1	
5 Central Luzon (Claraa)	A	2:28.70	2:28.03	4
1) Belarmino, Elizabeth Anne	2) Teope, Helena 12	3) Jacinto, Allyzza Keithleene	4) Agapito, Micah Joy 12	
6 Northern Mindanao (Nmraa)	A	2:33.31	2:29.72	2
1) Alquizar, Joannah Andrea 12	2) Pineda, Christianne Joyce 13	3) Hortelano, Cherryline 12	4) Carbajal, Gail Maxine 12	
7 Western Visayas (Wvraa)	A	2:31.04	2:30.14	
1) Calzado, Angel Hope 12	2) Dewara, Ellene Grace 12	3) Ibarreta, Isabella Selyn 12	4) Nacorda, Mary Sheralyn 12	
8 Bicol Region (Braa)	A	2:38.20	2:33.24	
1) Locsin, Danica Claudia 12	2) Imperial, Crystal Joy 12	3) Oliveros, Trisha Anne 12	4) Talavera, Jea Kassandra 12	

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PALARONG PAMBANSA 2010 - 4/12/2010 to 4/15/2010**Results - FIRST DAY FINALS April 13, 2010****Event 15 Boys 13-17 200 LC Meter Medley SECONDARY Relay**PALARO: 1:54.57 * 4/22/2008 NATIONAL CAPITAL REGION NCR-
J AGUILAR, K LUA, G CASTELO, T YAP

Team	Relay	Prelim Time	Finals Time	Points
Finals				
1 National Capital Region (Ncr)	A	2:01.08	2:00.55	14
1) Gonzales, Jhonmar 15	2) Bretana, Manuel Francisco	3) Marciano, Yiu 15	4) Borja, Eian 15	
2 Calabarzon	A	2:02.92	2:01.06	10
1) Agtarap, Richard Jan 15	2) Magallanes, Jerome 15	3) Ilustre, Xavier 15	4) Lambino, Clarence 15	
3 Bicol Region (Braa)	A	2:03.34	2:01.76	8
1) Mejia, Nelson Henry 15	2) Bordado, Xavier Gabriel 15	3) Noora, John Paulo 15	4) Sunglao, Wilfredo Jr. 15	
4 Central Visayas (Cvraa)	A	2:04.15	2:03.59	6
1) Trapila, Giovanni 15	2) Bayona, John Paul 15	3) Jarina, Edgar Allan 15	4) Cane, Jebb Lynus 15	
5 Central Luzon (Claraa)	A	2:04.65	2:04.04	4
1) Alindogan, Mark Jason 15	2) Flores, Sander 15	3) Cabral, Ricky 15	4) Bakuteza, Julius 15	
6 Northern Mindanao (Nmraa)	A	2:05.68	2:05.43	2
1) Dilao, Ian 15	2) Acain, Joshua 15	3) Azuncion, Jillo 15	4) Chua, Jethro Roberts 15	
7 Mimaropa	A	2:06.39	2:05.58	
1) Villa Del Rey III, Edmundo	2) Manzo, Andrei Lorenzo 15	3) Baaco, Franz Garrett 15	4) Pilapil, Mark Joseph 15	
8 Western Visayas (Wvraa)	A	2:06.26	2:07.42	
1) Calaur, Mario Hezron Jam	2) Mabus, Brylle Anjo 15	3) Gelanga, Gerard 15	4) Bacaoco, Raphael 15	

Event 16 Girls 13-17 200 LC Meter Medley SECONDARY RelayPALARO: 2:09.30 * 4/22/2008 NATIONAL CAPITAL REGION
D HONG, E SON, H DATO, C QUILALA

Team	Relay	Prelim Time	Finals Time	Points
Finals				
1 National Capital Region (Ncr)	A	2:16.40	2:13.19	14
1) Bartolome, Ma. Kristina 15	2) Cortado, Kristina Alua Mar	3) Aquino, Antoinette Noelle 15	4) YU, Roanne Florence 15	
2 Calabarzon	A	2:15.93	2:14.10	10
1) Tan, Ana Nicole 15	2) Velasquez, Ariane Loraine	3) Orig, Jackelyn 15	4) Dalay, Jaydee Rose 15	
3 Davao Region (Davraa)	A	2:21.00	2:19.89	8
1) Lora, Lorelie 15	2) Altamera, Sweet Angel 15	3) Ayuban, Shenna Mae 15	4) Cantil, Le'An 15	
4 Northern Mindanao (Nmraa)	A	2:20.85	2:20.95	6
1) Sayosay, Micah 15	2) Salilig, Micah Kay 15	3) Martinez, Lea Margaret 15	4) Jurado, Cherilyn 15	
5 Central Visayas (Cvraa)	A	2:23.37	2:21.93	4
1) Leduna, Sheena Rose 15	2) Aseniero, Daphnie Elizabet	3) Arellano, Beth May 15	4) Echavez, Loren Dale 15	
6 Mimaropa	A	2:24.80	2:24.37	2
1) Maggay, Nerissa 15	2) Dalabajan, Inessa Nadeshna	3) Cruz, Caitlin Jaycen 15	4) Tiquia, Denise Angela 15	
7 Bicol Region (Braa)	A	2:25.91	2:25.71	
1) Punzalan, Camille 15	2) Agnas, Lorena 15	3) Tabuena, Keren Patricia 15	4) Esperida, Jan Jeselle 15	
8 Ilocos Region (Iraa)	A	2:25.59	2:28.07	
1) Muyalde, Hillary JO 15	2) Ordonio, Paula Isabel 15	3) Versoza, Ma. Cresencia 15	4) Bermudez, Anne Richelle 15	

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